



EMBRACE MENTAL HEALTH CENTER

***CLINIC
INDICATORS
REPORT 007***

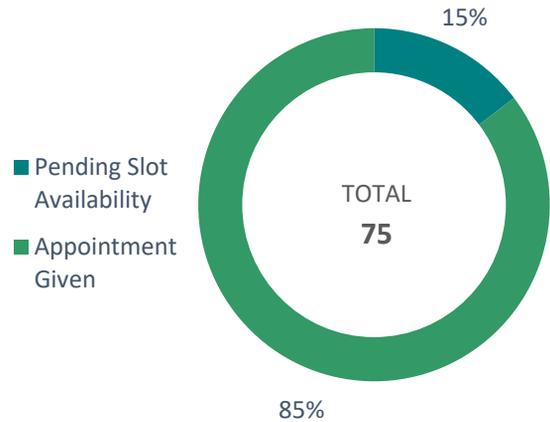
**REPORTING PERIOD APRIL
2021**

Disclaimer: The below numbers are meant to offer a snapshot of the activities hosted and beneficiaries served at the Embrace Mental Health Center. While information is recorded as accurately as possible, not all information is available at all times.

I. NEW REQUESTS FOR SERVICES

75

Every beneficiary that calls the clinic is briefly screened to better gather basic demographic information, understand the reason for which they are seeking services, and orient them accordingly. The new requests represents the number of people who called requesting EMHC services. The outcome of the new requests represents the decision taken after the information was gathered from the potential beneficiary.

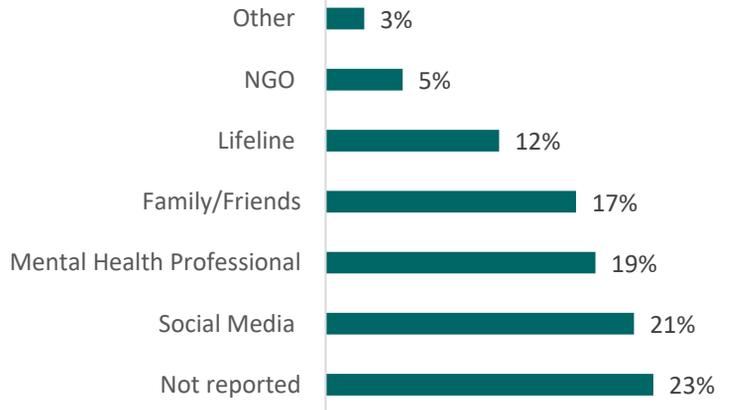


II. REFERRAL SOURCE

The referral source represents the different ways beneficiaries were referred to or learned about the Embrace Mental Health Center.

**Note that the graph reflects the percentage of beneficiaries who reached out to the Embrace Mental Health Centre during the reported month, regardless of whether they received an appointment or not.*

**Note that mental health professionals include practitioners at Embrace*



III. SERVICES PROVIDED

519



INDIVIDUAL CONSULTATIONS:

- Psychiatric Consultations: **136**
- Psychological Consultations: **322**
- Average Number of Session Per Beneficiary: **3**

Total

458



GROUP CONSULTATIONS

These include CBT- and EMDR-based recurring groups .

Total

6



NURSING CONSULTATIONS

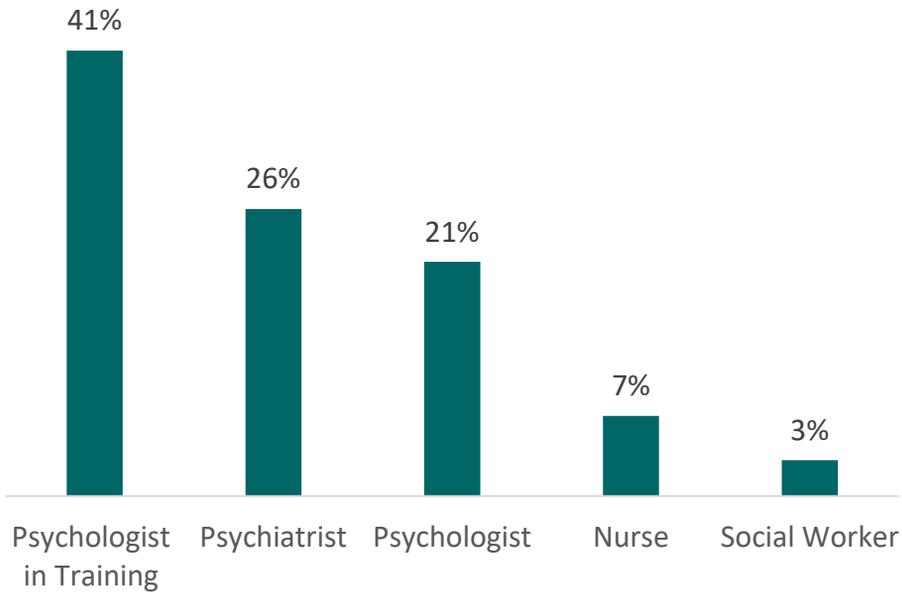
38



SOCIAL WORK CONSULTATIONS

17

IV. TYPE OF PRACTITIONER SEEN



V. BENEFICIARIES SERVED

200

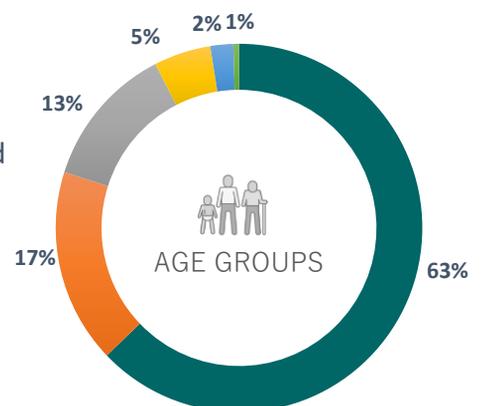
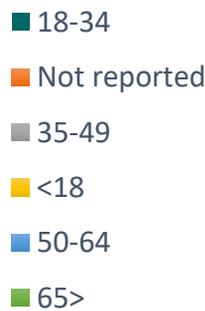
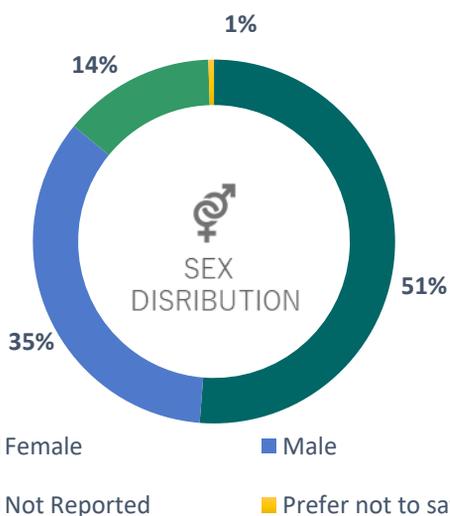
NUMBER OF BENEFICIARIES SERVED (*first session or follow up*)

200

NUMBER OF NEW BENEFICIARIES SERVED (*those whose first session was this month*)

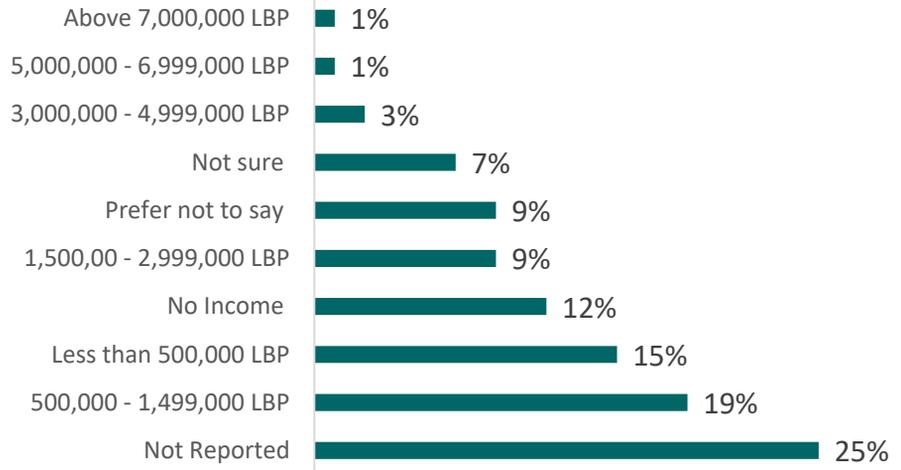
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VI. BENEFICIARY DEMOGRAPHICS

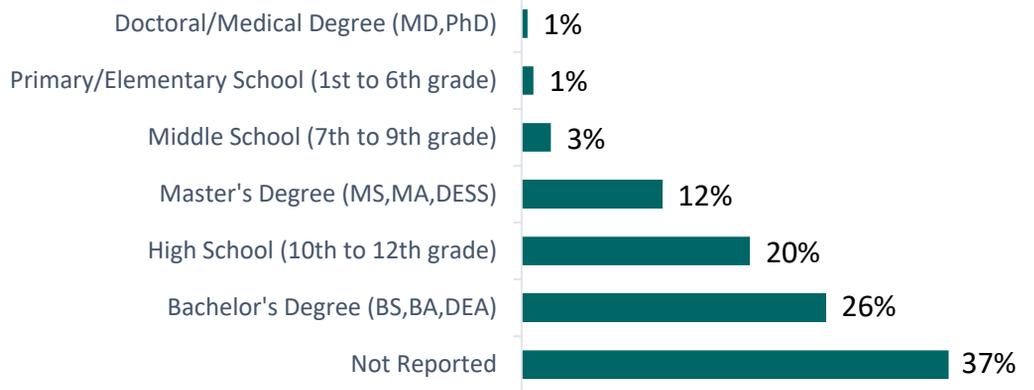


The mean age of beneficiaries was **28** years old

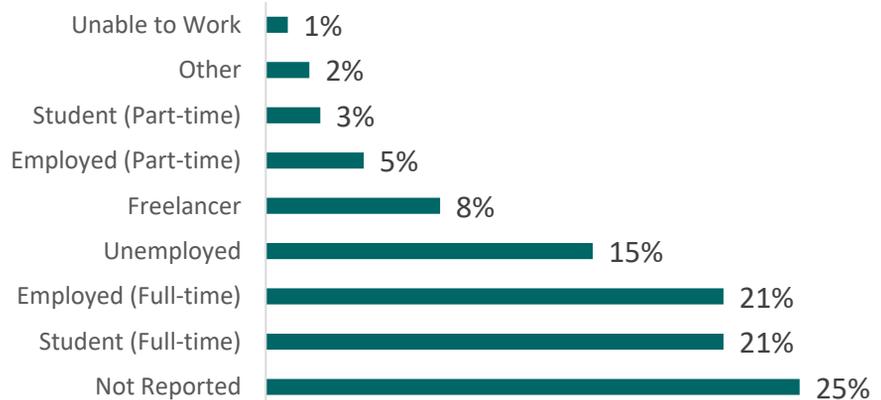
INCOME STATUS

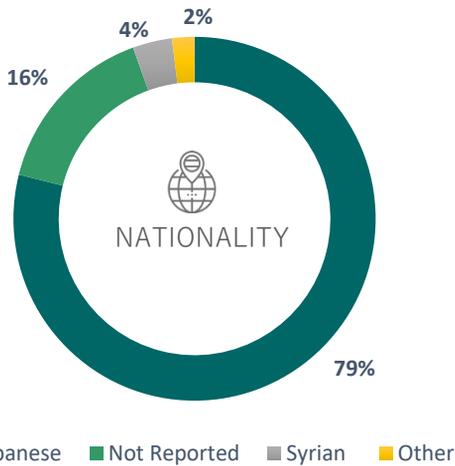


HIGHEST EDUCATIONAL STATUS

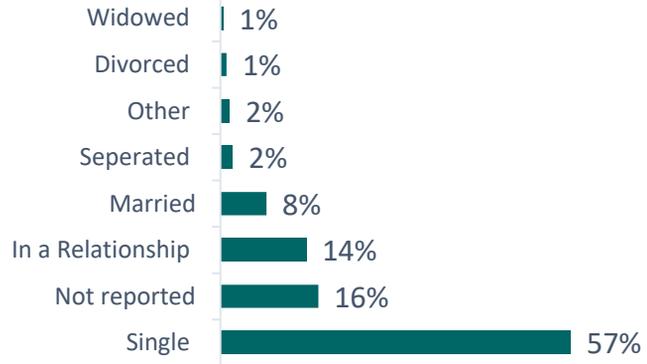


EMPLOYMENT STATUS

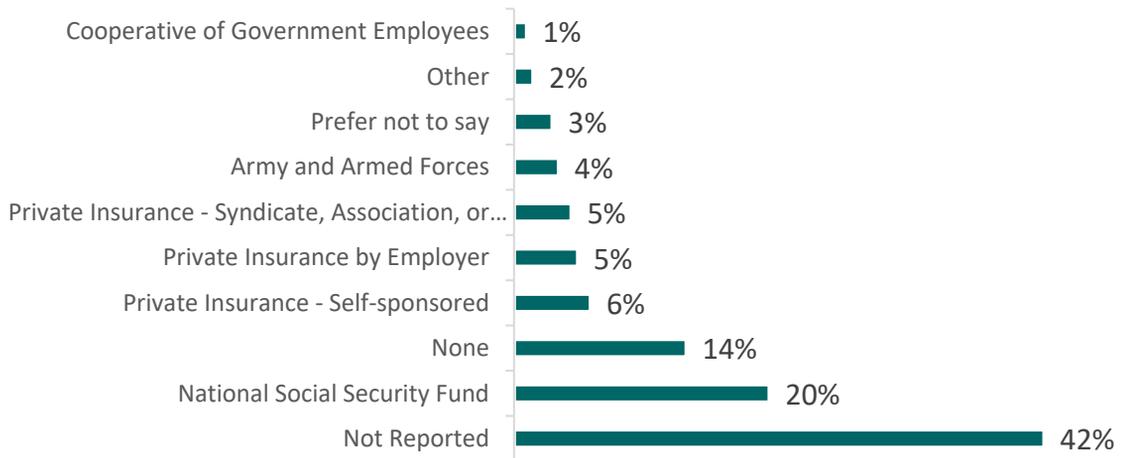




MARITAL STATUS



INSURANCE COVERAGE



VII. MEDICAL REFERRALS

1

During the month of April, **1** beneficiary was referred to in-patient psychiatric care. The beneficiary was initially admitted at the *American University of Beirut Medical Center (AUBMC)* and was later transferred to *Saydet Zgharta*.

The total **length of stay** across both hospitals was 12 days.

VIII. PHARMACOLOGICAL TREATMENT

59

During the month of April, the EMHC covered the cost of medications prescribed by staff psychiatrists for **59** beneficiaries EMHC.

AVERAGE NUMBER OF PRESCRIPTION ITEMS ACQUIRED BY BENEFICIARY:

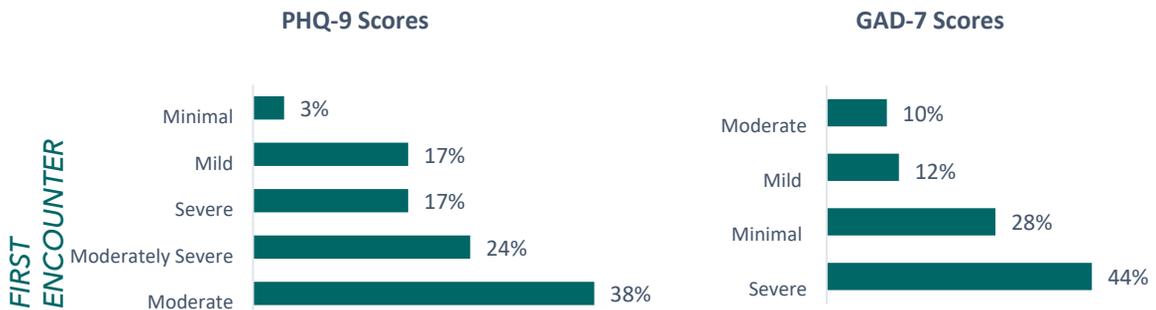
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MOST COMMONLY ACQUIRED MEDICATIONS:

Fluoxetine Lamotrigine Escitalopram

VIX. MENTAL HEALTH SURVEY SCORES

- PHQ-9:** a validated instrument for measuring the severity of depression.
Interpretation: 0-4 "None/Minimal", 5-9 "Mild", 10-14 "Moderate", 15-19 "Moderately Severe", 20-27 "Severe"
- GAD-7:** a validated instrument for measuring the severity of anxiety.
Interpretation: 0-4 "None/Minimal", 5-9 "Mild", 10-14 "Moderately Severe", 15-21 "Severe"
- TSQ:** a brief trauma questionnaire used to predict a PTSD diagnosis.
Interpretation: A score of 6 or more is predictive of a PTSD diagnosis.



	PHQ-9	GAD-7	TSQ
Sample Size (N)	29	34	23
Average Score	14.06	14.41	6.52

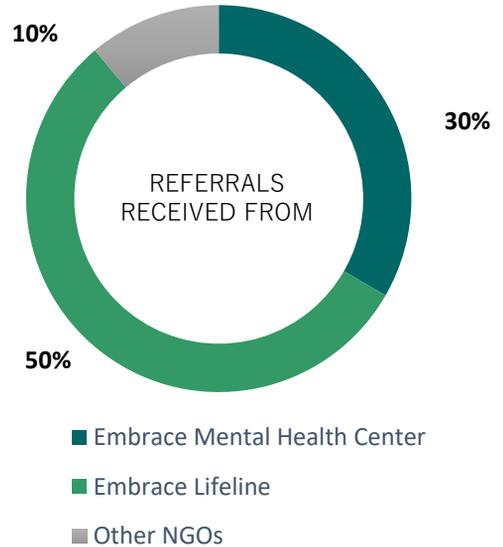
*Note that the above graphs show the percent frequency of categorical classifications on the PHQ-9 and GAD-7 for the samples indicated in the table.

X. ZOOM IN ON SOCIAL WORK DEPARTMENT

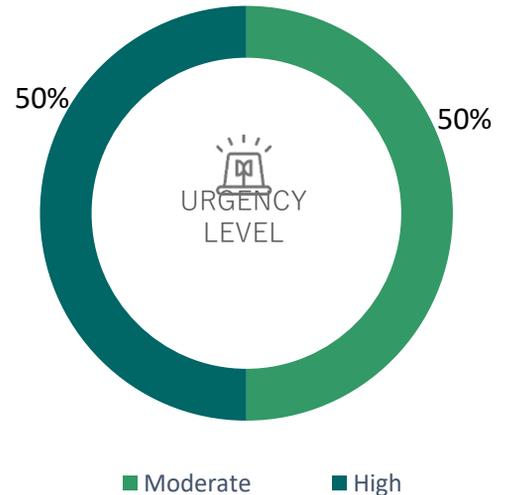
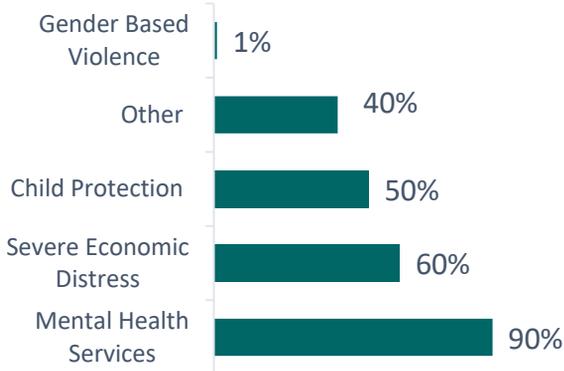
TOTAL NUMBER OF REFERRED CASES

11

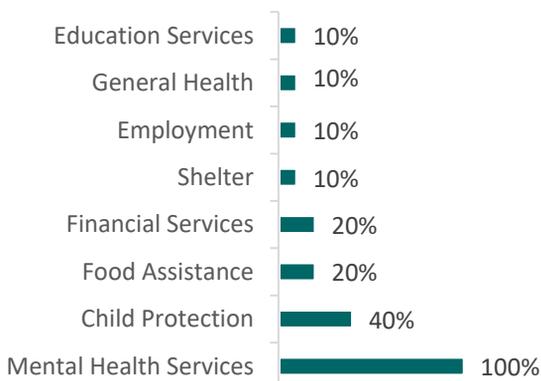
The social work department at Embrace serves both the Embrace Mental Health Center (EMHC) and the Embrace Lifeline. It aims to provide a holistic approach to mental health care by offering psycho-social assistance to beneficiaries served by both the EMHC and the Lifeline. The EMHC and Embrace Lifeline are resourced with comprehensive referral networks linked with governmental and non-governmental organizations that provide a wide range of psychosocial services from livelihood, shelter, basic assistance, child protection, and organizations catering to the needs of vulnerable groups such as refugees, LGBTQ community and persons affected by gender-based violence. The department is currently staff by one social worker who coordinates with a multi-disciplinary internal team of psychologists, psychiatrists, psychiatric nurse, hotline operators and clinical supervisors.



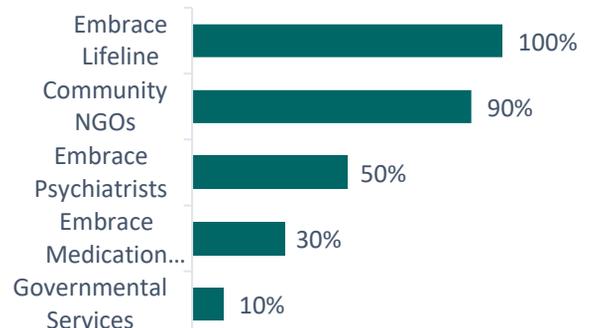
REASONS FOR REFERRAL



TYPES OF REFERRALS PROVIDED

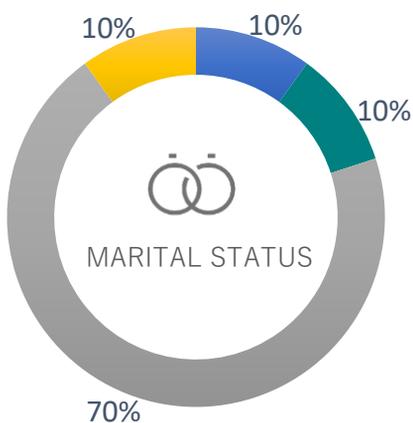
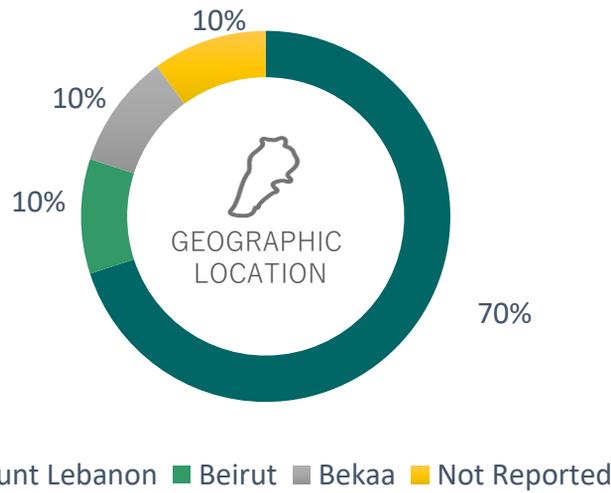
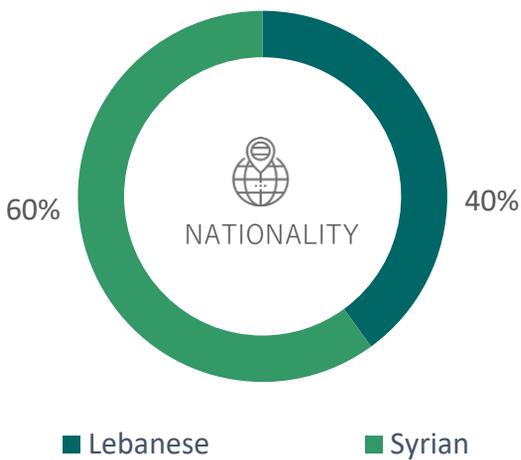
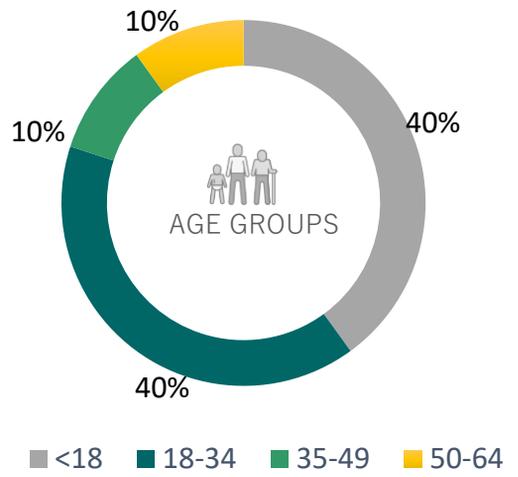
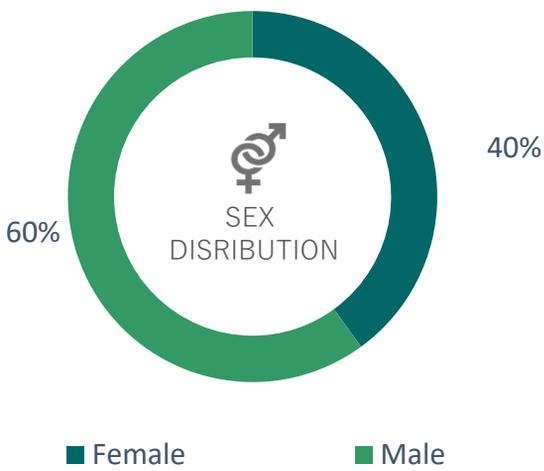


REFERRALS MADE TO



*Note that percentages for the above 3 bar charts may add up to more than 100% because multiple types of referrals can be provided.

SOCIO-DEMOGRAPHICS OF BENEFICIARIES



■ Divorced ■ Married ■ Single ■ Separated